

# JIWAJI UNIVERSITY, GWALIOR

## School of Studies in Physical Education

### Time Table for M.P.Ed. I Sem. Session 2016-17 (w.e.f. 12/08/2016)

DAYS	Timing & Classes						
	Morning Session		Theory Classes			Evening Session	
	Activity		Periods			Activity & Specialization	
	06:30 - 07:00 AM	7:00-8:00 AM	10:30-11:30 AM	11:30-12:30 PM	12:30-1:30 PM	3:45-04:45 PM	04:45-5:45 PM
<b>Monday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Practical Teaching Lesson on Theory Subjects (Dr. Sushil Mishra)	Physiology of Exercise (Miss Sonesh Poonia)	Research Process in Physical Education & Sports sciences (Mr. Anurag Pathak)	Sports Journalism & Mass Media (Mr. Sushil Mishra)	Practical Teaching Lesson on Theory Subjects (Dr. Pramod Singh)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table- Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Tuesday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Practical Teaching Lesson on Theory Subjects (Dr. Sushil Mishra)	Physiology of Exercise (Miss Sonesh Poonia)	Research Process in Physical Education & Sports sciences (Mr. Anurag Pathak)	Sports Journalism & Mass Media (Mr. Sushil Mishra)	Practical Teaching Lesson on Theory Subjects (Dr. Pramod Singh)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table- Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Wednesday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Practical Teaching Lesson on Theory Subjects (Dr. Sushil Mishra)	Physiology of Exercise (Miss Sonesh Poonia)	Test, Measurement and Evaluation in Phy. Edu. (Dr. Pramod Singh)	Sports Journalism & Mass Media (Mr. Sushil Mishra)	Practical Teaching Lesson on Theory Subjects (Mr. Lokendra Singh Narwariya)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table- Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Thursday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Practical Teaching Lesson on Theory Subjects (Dr. Pramod Singh)	Physiology of Exercise (Miss Sonesh Poonia)	Test, Measurement and Evaluation in Phy. Edu. (Dr. Pramod Singh)	Sports Journalism & Mass Media (Mr. Sushil Mishra)	Practical Teaching Lesson on Theory Subjects (Mr. Lokendra Singh Narwariya)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table- Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Friday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Practical Teaching Lesson on Theory Subjects (Dr. Pramod Singh)	Research Process in Physical Education & Sports sciences (Mr. Anurag Pathak)	Test, Measurement and Evaluation in Phy. Edu. (Dr. Pramod Singh)	Library	Practical Teaching Lesson on Theory Subjects (Mr. Lokendra Singh Narwariya)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table- Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Saturday</b>	Intramural Competitions		Research Process in Physical Education & Sports sciences (Mr. Anurag Pathak)	Test, Measurement and Evaluation in Phy. Edu. (Dr. Pramod Singh)	Sports Journalism & Mass Media (Mr. Sushil Mishra)	OFF	

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**S.O.S. in Physical Education,  
Jiwaji University, Gwalior**



**JIWAJI UNIVERSITY, GWALIOR**  
**School of Studies in Physical Education**  
**Time Table for M.P.Ed. III Sem. Session 2016-17 (w.e.f. 12/08/2016)**

DAYS	Timing & Classes				
	Morning Session	Theory Classes			Evening Session
	Activity 06:30 - 07:00 AM	10:30-11:30 AM	11:30-12:30 PM	12:30-1:30 PM	Activity 04:45-5:45 PM
<b>Monday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Scientific principles of Sports Training (Dr. Susheel Kumar)	Physical Fitness and Wellness (Mr. Sushil Mishra)	Health Education and Sports Nutrition (Mr. Harendra Sikarwar)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table-Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Tuesday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Scientific principles of Sports Training (Dr. Susheel Kumar)	Physical Fitness and Wellness (Mr. Sushil Mishra)	Health Education and Sports Nutrition (Mr. Harendra Sikarwar)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table-Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Wednesday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Sports Medicine (Dr. Rajender Singh)	Physical Fitness and Wellness (Mr. Sushil Mishra)	Health Education and Sports Nutrition (Mr. Harendra Sikarwar)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table-Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Thursday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Sports Medicine (Dr. Rajender Singh)	Physical Fitness and Wellness (Mr. Sushil Mishra)	Health Education and Sports Nutrition (Mr. Harendra Sikarwar)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table-Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Friday</b>	Conditioning (Dr. K.S. Gurjar, Mr. Shantanu, Mr. Keshav Yadav)	Sports Medicine (Dr. Rajender Singh)	Scientific principles of Sports Training (Dr. Susheel Kumar)	Health Education and Sports Nutrition (Mr. Harendra Sikarwar)	Athletics, Badminton, Basketball, Boxing, Cricket, Football, Hockey, Judo, Kabaddi, Kho-Kho, Table-Tennis, Tennis, Wrestling, Volleyball, Yoga, (Dr. K.S. Gurjar, Dr. R. Singh, Dr. T.S. Chahar, Dr. S. Kumar, Dr. P. Singh, Mr. A. Pathak, Mr. H. Sikarwar, Mr. S. Mishra, Mr. L. Narwariya, Miss Sonesh Poonia, Mr. Shantanu, Mr. Keshav Yadav)
<b>Saturday</b>	Intramural Competitions	Sports Medicine (Dr. Rajender Singh)	Scientific principles of Sports Training (Dr. Susheel Kumar)	Library	OFF

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