UNIT-III

CHOLINERGIC NEUROTRANSMITTERS

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Our Nervous System

Functions –
• To transmit signals to and from body organs or cells to carry out
  o Heartbeat, Respiration
  o Digestion, Hormone secretion
  o Movement, body pressure
• To process sensory information
• Logic, Decision and Memory

Because of its wide and important involvement, understanding Nervous system is important to treat many diseases
Neurons

- Neurons are individual cells of the Nervous System that process and transmit signals by **electrical** and **chemical** process.
- Adjacent neurons are physically separated by the each other. The gap region is called **synapse**.
Fig: Neurotransmitters moving through Synapse between two neurons
• Neurotransmitters (NT) are *endogenous* (produced by body) chemicals that transmit signals across a synapse from sending presynaptic neuron to the target postsynaptic neuron.

• They are synthesized and stored in neuron itself.

• There are many NTs eg Acetylcholine, Adrenaline, serotonin, dopamine, GABA.

• The process of transmission of signal along a neuron and over the synapse is called *neurotransmission*. Signal can pass over the synapse by either chemically or electrically.

• One neurons interacts with many other neurons in all possible directions.
Our Nervous system

Nervous system

Central nervous system (CNS)

- Brain
- Spinal cord
  Connects brain and peripheral nervous system

Peripheral nervous system

- Somatic nervous system
  Controls voluntary muscles and transmits sensory information to the CNS
- Autonomic nervous system
  Controls involuntary body functions

- Sympathetic nervous system
  Arouses body to expend energy
- Parasympathetic nervous system
  Calms body to conserve and maintain energy
Types of peripheral NS

• Somatic NS-
  – controls voluntary muscle Movement
  – Transmits sensory information to brain

• Autonomic NS
  – Controls involuntary body functions such as Heart beat, secretion (GI acid/insulin), fight or flight responses
Two types of Autonomic NS

Parasympathetic NS
Uses Acetylcholine

- Stimulates flow of saliva
- Slows heartbeat
- Constricts bronchi
- Stimulates peristalsis and secretion
- Stimulates release of bile
- Contracts bladder

Sympathetic NS
Uses Adrenaline

- Backflow pupill
- Inhibits flow of saliva
- Accelerates heartbeat
- Dilates bronchi
- Constricts digestive tract
- Stimulates conversion of glycogen to glucose
- Stimulates secretion of adrenaline and noradrenaline
- Inhibits bladder contraction

Parasympathetic
- Makes body ready for rest

Sympathetic
- Makes body ready for fight or flight
Sympathetic Vs Parasympathetic

• **SYMPATHETIC**
  
  **Fight or Flight**
  • Increase BP & HR, glucose, perfusion to skeletal muscles, Mydriasis, Bronchodilatation

• **PARASYMPATHETIC**
  
  **Rest and Digest**
  • Miosis, decreased HR, BP, bronchia secretion, Insulin release, Digestion, excretion
Parasympathetic Nervous System

- Works to save energy, aids in digestion, and supports restorative, resting body functions.
  - Decrease in heart rate
  - Increased gastrointestinal tract tone and peristalsis
  - Urinary sphincter relaxation
  - Vasodilation – decrease in blood pressure
Body Responses – “rest and digest”

- Dilation of blood vessels in skin
- Decrease heart rate (bradycardia)
- Increase secretion of digestive enzymes
- Constriction of smooth muscle of bronchi
- Increase in sweat glands - cooling
- Contraction of smooth muscles of urinary bladder
- Contraction of smooth muscle of skeletal system
Introduction

- Cholinergics refer to the part of Nervous system that utilize Acetylchlonine (Ach) as a neurotransmitter. It is key NT in the parasympathetic NS.
- A unique feature of Ach is that the same molecule can bind with two different receptors (muscarinic and nicotinic receptor) using different conformation.
Cholinergic System

- **Cholinergic transmission**
  - Acetylcholine (ACh) is a major neurohumoral transmitter at autonomic, somatic as well as central sites.

- **Synthesis, storage and destruction of Ach**
  Ach is synthesized locally in the cholinergic nerve endings by the following pathway:

  \[
  \text{ATP} + \text{Acetate} + \text{CoEn-A} \rightarrow \text{Acetyl CoEn-A} \rightarrow \text{CHOLINE} \rightarrow \text{Choline acetyl transferase} \rightarrow \text{ACETYLCHOLINE} + \text{CoEn-A}
  \]

  \[
  \begin{array}{c}
  \text{ACETYLCHOLINE CHLORIDE} \\
  \end{array}
  \]
Cholinergic Transmission –

**Synthesis:**

- Cholinergic neurons contain large numbers of small membrane-bound vesicles (containing ACh) concentrated near the synaptic portion of the cell membrane.
- ACh is synthesized in the cytoplasm from acetyl-CoA and choline by the catalytic action of Choline acetyltransferase (ChAT).
- Acetyl-CoA is synthesized in mitochondria, which are present in large numbers in the nerve ending.
- Choline is transported from the extracellular fluid into the neuron terminal by a Na+-dependent membrane choline cotransporter (Carrier A). This carrier can be blocked by a group of drugs called hemicholiniums.

- The action of the choline transporter is the rate-limiting step in ACh synthesis.
Cholinergic Transmission –

Release:
• Synthesized, ACh is transported from the cytoplasm into the vesicles by an antiporter that removes **protons** (carrier B). This transporter can be blocked by **vesamicol**
• Release is dependent on extracellular Ca\(^{2+}\)
• and occurs when an action potential reaches the terminal and triggers sufficient influx of Ca\(^{2+}\) ions
• The increased Ca\(^{2+}\) concentration "**destabilizes**" the storage vesicles by interacting with special proteins associated with the vesicular membrane (**VAMPs** and **SNAP- synaptosome associated protein**)

Fusion of the vesicular membranes with the terminal membrane results in exocytotic expulsion of ACh into the synaptic cleft
• The ACh vesicle release process is blocked by **botulinum toxin** through the enzymatic removal of two amino acids from one or more of the fusion proteins
Cholinergic Transmission:

**Destruction**

- After release - ACh molecules may bind to and activate an ACh receptor (cholinoceptor).
- Eventually (and usually very rapidly), all of the ACh released will diffuse within range of an **acetylcholinesterase (AChE)** molecule.
- AChE very efficiently splits ACh into **choline** and **acetate**, neither of which has significant transmitter effect, and thereby terminates the action of the transmitter.
- Most cholinergic synapses are richly supplied with AChE; the half-life of ACh in the synapse is therefore very short. AChE is also found in other tissues, eg, red blood cells.
- Another cholinesterase with a **lower specificity** for ACh, **butyrylcholinesterase** [pseudo cholinesterase], is found in blood plasma, liver, glial, and many other tissues.
Neurotransmission in the cholinergic neuron

1. Synthesis of ACh
2. Storage of ACh in vesicles
3. Release of ACh to the receptor
4. Binding of ACh to the receptor
5. Degradation of ACh
6. Recycling of choline and acetate
Did you note the mono-directionality?

- Instead of a *single* light switch that you can *turn on/off* or a *single* volume knob you can *turn high/low*.....

- In this case you have *two independent* control system for doing opposing things, eg sympathetic increases heart beat while parasympathetic is required to slow heart beat, there is no way neither NS can reverse or undo it’s action by itself.
Why they are called as cholinergics?

- Drugs – stimulate Parasympathetic Nervous System

- Called cholinergic
  - Because ACh is a neurotransmitter in PNS
  - Those drugs resemble the effects produced by stimulation of PNS (cholinergic nervous system).
What is the neurotransmitter involved?

- Acetylcholine

What are the receptors involved?

- Muscarinic receptors
- Nicotinic receptors
Cholinoceptors

- Two classes of receptors
  - **MUSCARINIC & NICOTINIC**

- **Muscarinic** receptors are GPCR
- **NICOTINIC** receptors belong to Ligand gated receptors
Cholinergic receptors - 2 types

**Muscarinic (M)**
- GPCR

**Nicotinic (N)** – ligand gated
### MUSCARINIC RECEPTORS

<table>
<thead>
<tr>
<th>Receptors</th>
<th>Locations</th>
<th>Mechanism</th>
</tr>
</thead>
<tbody>
<tr>
<td>M₁</td>
<td>ANS, CNS</td>
<td>Gq</td>
</tr>
<tr>
<td>M₂</td>
<td>Heart, ganglia</td>
<td>Gi</td>
</tr>
<tr>
<td>M₃</td>
<td>Smooth muscle, glands, vascular endothelium</td>
<td>Gg</td>
</tr>
<tr>
<td>M₄</td>
<td>CNS</td>
<td>Gi</td>
</tr>
<tr>
<td>M₅</td>
<td>CNS</td>
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</tr>
</tbody>
</table>
## CHOLINOCEPTORS

![Diagram of Cholinceptors](image)

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<thead>
<tr>
<th>Receptor</th>
<th>Location</th>
<th>Mechanism</th>
</tr>
</thead>
<tbody>
<tr>
<td>$N_M$</td>
<td>Neuromuscular junction</td>
<td>Ion channel</td>
</tr>
<tr>
<td>$N_N$</td>
<td>Autonomic ganglia, Adrenal medulla, CNS</td>
<td>Ion channel</td>
</tr>
</tbody>
</table>
SUBTYPES of MUSCARINIC RECEPTORS:
M₁, M₂, M₃, M₄, M₅

SUBTYPES of NICOTINIC RECEPTORS:
Nₘ, Nₙ
MASCARINIC RECEPTORS

- Receptors are selectively stimulated by **MASCARINE**
- Blocked by **ATROPINE**
- Located primarily on Autonomic effector cells in **HEART, BLOOD VESSELS, EYE, SMOOTH MUSCLES, URINARY TRACT, SWEAT GLANDS**
NICOTINIC RECEPTORS (LGCC)

- Selectively active by **NICOTINE**.
- Blocked by d-TC (d-Tubacurarine) or Hexamethonium

**Activation:**
- Nicotinic receptor activation
- Opening of channels
- Results rapid **inflow** of cations into the cell

**DEPOLARISATION, Increase ACTION POTENTIAL**
SUBTYPES of NICOTINIC receptors

- Nm, Nn
- **Nm**: (Skeletal muscle end plate)
  - Mediates skeletal muscle contraction
  - Selectively Stimulated by PHENYL TRIMETHYLAMMONIUM
  - Blocked by Tubocurarine
Nn:
- Autonomic Ganglia
- Adrenal medullary cells
- Spinal cord
- Certain Areas of the Brain
- Selectively stimulated by Dimethyl phenyl piperazinium
- Blocked by Hexamethonium
<table>
<thead>
<tr>
<th>M1</th>
<th>Secretory glands</th>
<th>salivation, stomach acid, sweating, lacrimation</th>
</tr>
</thead>
<tbody>
<tr>
<td>M2</td>
<td>Heart</td>
<td>Decreases heart rate $\rightarrow$ bradycardia</td>
</tr>
<tr>
<td>M3</td>
<td>Smooth muscle (GI/GU/Resp)</td>
<td>Contraction of smooth muscles (some) $\rightarrow$ diarrhea, bronchospasm, urination</td>
</tr>
<tr>
<td>M3</td>
<td>Pupil and ciliary muscle</td>
<td>Contracts $\rightarrow$ Miosis Increased flow of aqueous humor</td>
</tr>
<tr>
<td>Nm</td>
<td>Skeletal muscle end plate</td>
<td>Contraction of skeletal muscle</td>
</tr>
<tr>
<td>Nn</td>
<td>Autonomic ganglia, Adrenal Medulla</td>
<td>Secretion of Epinephrine Controls ANS</td>
</tr>
</tbody>
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