

PROTOCOLS OF HOME ENTRY



FOR YOUR HYGIENE



When you return home, try not to touch anything



Take off your shoes



Disinfect your pet's paws if you take him out for a walk



Take off your outer clothing and put it in a laundry bag



Leave bag, wallet, keys, etc. in a box at the entrance



Shower or if you can't, wash all exposed areas well



Wash your phone and glasses with soap and water or alcohol



Clean the surfaces of what you have brought from the outside with bleach before storing



Take off your gloves carefully, throw them away and wash your hands



Remember that it is not possible to do a total disinfection, the objective is to reduce the risk



PROTOCOLS OF COEXISTENCE WITH PEOPLE AT RISK



FOR YOUR HYGIENE



Sleep in separate bed



Use different baths and disinfect it with bleach



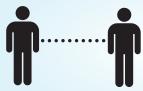
Do not share towels, cutlery, glasses, etc.



Clean and disinfect high contact surfaces daily (Switches, tables, chair backs, handles, etc)



Wash clothes, sheets and towels very frequently



Keep distance, sleep in separate rooms



Ventilate your room often





Call the designated telephone number if fever and difficulty breathing occur more than 38°



Do not break the quarantine for 2 weeks. Each exit from home is a reset of the counter



PROTOCOLS OF HOME EXIT



FOR YOUR HYGIENE



When you go out, wear a long-sleeved jacket



Put your hair up, Don't wear earring, bracelets or rings



If you have mask, put it on at the end, just before leaving



Try not to use public transportation



if you go with your pet, try not to rub against surfaces on the outside



Take disposable cloths, use them to cover your fingers when touching surfaces.



Wrinkle the handkerchief and throw it in a box and put in garbage can



if you cough sneeze, do it on your elbow, not your hands or in the air.



Try not to pay in cash, if you use cash disinfect your hands



Wash your hands after touching any objects and surface or carry disinfectant gel.



Don't touch your face until you have clean hands



Stay away from people